

**SUNDAY OF
ST. GREGORY PALAMAS
MARCH 8, 2015**



**STS. RAPHAEL, NICHOLAS AND
IRENE GREEK ORTHODOX CHURCH**

**Rev. Fr. Barnabas Powell, Proistamenos
Jimmy Smith, Psaltis
3074 Bethelview Road † Cumming GA 30040
(770) 781-5250 cell (770) 861-3544 www.stsrni.org**

We are an intentional Orthodox Christian Community for North Georgia!

WORSHIP

We are so very glad you have joined us today, and we pray you will be inspired and encouraged by your time with us.

The Orthodox worship service is an ancient and timeless expression of how people have loved, served and worshipped God for many centuries, but it may be a bit of a different experience for you. Please feel free to use a service book or not and simply allow the words of the service to wash over you.

The central act of our worship culminates in people receiving communion. This is a very special time for us all and we have some specific beliefs about our communion together. This is why we never impose this service on those who are not prepared or are not baptized Orthodox. This service may raise questions in your mind.

Please feel free to ask Fr. Barnabas or Fr. Paul anything you wish after the service.

At the end of the service EVERYONE is invited to come forward and receive a portion of the “blessed bread” from Fr. Barnabas. No one should leave church “hungry!”

Know you are welcome and we are glad you are here. May God bless you and your family.



TODAY WE REMEMBER

Tone of the week: Plagal of the Second Tone
Sixth Eothinon
Reading:

This divine Father, who was from Asia Minor, was from childhood reared in the royal court of Constantinople, where he was instructed in both religious and secular wisdom. Later, while still a youth, he left the imperial court and struggled in asceticism on Mount Athos, and in the Skete at Beroea. He spent some time in Thessalonica being treated for an illness that came from his harsh manner of life. He was present in Constantinople at the Council that was convened in 1341 against Barlaam of Calabria, and at the Council of 1347 against Acindynus, who was of like mind with Barlaam; Barlaam and Acindynus claimed that the grace of God is created. At both these Councils, the Saint contended courageously for the true dogmas of the Church of Christ, teaching in particular that divine grace is not created, but is the uncreated energies of God which are poured forth throughout creation: otherwise it would be impossible, if grace were created, for man to have genuine communion with the uncreated God. In 1347 he was appointed Metropolitan of Thessalonica. He tended his flock in an apostolic manner for some twelve years, and wrote many books and treatises on the most exalted doctrines of our Faith; and having lived for a total of sixty-three years, he reposed in the Lord in 1359.

His holy relics are kept in the Cathedral of Thessalonica. A full service was composed for his feast day by the Patriarch Philotheus in 1368, when it was established that his feast be celebrated on this day. Since works without right faith avail nothing, we set Orthodoxy of faith as the foundation of all that we accomplish during the Fast, by celebrating the Triumph of Orthodoxy the Sunday before, and the great defender of the teachings of the holy Fathers today.

We Also Remember:

Theophylaktos; Bp. Nicomedeia Hermas of the 70

EPISTLE READING

St. Paul's Letter to the Hebrews 1:10-14; 2:1-3

Prokeimenon. Mode Plagal 1.

Psalm 11.7,1

You, O Lord, shall keep us and preserve us.

Verse: Save me, O Lord, for the godly man has failed.



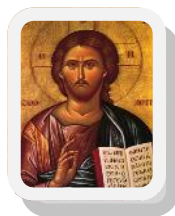
“IN THE BEGINNING, Thou, Lord, didst found the earth in the beginning, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end.” But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation?

Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.”

Κατ' ἀρχάς, Κύριε, τὴν γῆν ἐθεμελίωσας, καὶ ἔργα τῶν χειρῶν σου εἰσιν οἱ οὐρανοί· αὐτοὶ ἀπολοῦνται, σὺ δὲ διαμένεις· καὶ πάντες ὡς ἱμάτιον παλαιωθήσονται, καὶ ὡσεὶ περιβόλαιον ἐλίξεις αὐτούς, καὶ ἀλλαγῆσονται· σὺ δὲ ὁ αὐτὸς εἶ, καὶ τὰ ἔτη σου οὐκ ἐκλείψουσιν. Πρὸς τίνα δὲ τῶν ἀγγέλων εἶρηκέν ποτε, Κάθου ἐκ δεξιῶν μου, ἕως ἂν θῶ τοὺς ἐχθρούς σου ὑποπόδιον τῶν ποδῶν σου; Οὐχὶ πάντες εἰσὶν λειτουργικὰ πνεύματα, εἰς διακονίαν ἀποστελλόμενα διὰ τοὺς μέλλοντας κληρονομεῖν σωτηρίαν; Διὰ τοῦτο δεῖ περισσοτέρως ἡμᾶς προσέχειν τοῖς ἀκουσθεῖσιν, μήποτε παραρρῶμεν. Εἰ γὰρ ὁ δι' ἀγγέλων λαληθεὶς λόγος ἐγένετο βέβαιος, καὶ πᾶσα παράβασις καὶ παρακοὴ ἔλαβεν ἔνδικον μισθαποδοσίαν, πῶς ἡμεῖς ἐκφευξόμεθα τηλικαύτης ἀμελήσαντες σωτηρίας; Ἦτις, ἀρχὴν λαβοῦσα λαλεῖσθαι διὰ τοῦ κυρίου, ὑπὸ τῶν ἀκουσάντων εἰς ἡμᾶς ἐβεβαιώθη.

GOSPEL READING

The Gospel of Mark 2:1-12



At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins"-he said to the paralytic-"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

Τῷ καιρῷ ἐκείνῳ, εἰσῆλθεν ὁ Ἰησοῦς εἰς εἰς Καπερναοῦμ δι' ἡμερῶν καὶ ἠκούσθη ὅτι εἰς οἶκόν ἐστι. καὶ εὐθέως συνήχθησαν πολλοί, ὥστε μηκέτι χωρεῖν μηδὲ τὰ πρὸς τὴν θύραν· καὶ ἐλάλει αὐτοῖς τὸν λόγον. καὶ ἔρχονται πρὸς αὐτὸν παραλυτικὸν φέροντες, αἰρόμενον ὑπὸ τεσσάρων· καὶ μὴ δυνάμενοι προσεγγίσει αὐτῷ διὰ τὸν ὄχλον, ἀπεστέγασαν τὴν στέγην ὅπου ἦν, καὶ ἐξορύξαντες χαλῶσι τὸν κράβαττον, ἐφ' ᾧ ὁ παραλυτικὸς κατέκειτο. ἰδὼν δὲ ὁ Ἰησοῦς τὴν πίστιν αὐτῶν λέγει τῷ παραλυτικῷ· τέκνον, ἀφέωνται σοι αἱ ἁμαρτίαι σου. ἦσαν δὲ τινες τῶν γραμματέων ἐκεῖ καθήμενοι καὶ διαλογιζόμενοι ἐν ταῖς καρδίαις αὐτῶν· τί οὗτος οὕτω λαλεῖ βλασφημίας; τίς δύναται ἀφιέναι ἁμαρτίας εἰ μὴ εἰς ὁ Θεός; καὶ εὐθέως ἐπιγνοὺς ὁ Ἰησοῦς τῷ πνεύματι αὐτοῦ ὅτι οὕτως αὐτοὶ διαλογίζονται ἐν ἑαυτοῖς, εἶπεν αὐτοῖς· τί ταῦτα διαλογίζεσθε ἐν ταῖς καρδίαις ὑμῶν; τί ἐστὶν εὐκοπώτερον, εἰπεῖν τῷ παραλυτικῷ, ἀφέωνται σοι αἱ ἁμαρτίαι, ἢ εἰπεῖν, ἔγειρε καὶ ἄρον τὸν κράβαττόν σου καὶ περιπάτει; ἵνα δὲ εἰδῆτε ὅτι ἐξουσίαν ἔχει ὁ υἱὸς τοῦ ἀνθρώπου ἀφιέναι ἐπὶ τῆς γῆς ἁμαρτίας - λέγει τῷ παραλυτικῷ· σοὶ λέγω, ἔγειρε καὶ ἄρον τὸν κράβαττόν σου καὶ ὑπάγε εἰς τὸν οἶκόν σου. καὶ ἠγέρθη εὐθέως, καὶ ἄρας τὸν κράβαττον ἐξῆλθεν ἐναντίον πάντων, ὥστε ἐξίστασθαι πάντας καὶ δοξάζειν τὸν Θεὸν λέγοντας ὅτι οὐδέποτε οὕτως εἶδομεν.

LITURGICAL SCHEDULE

THIS WEEK

Father Barnabas is available to hear confession every Wednesday either before or after Vespers and by appointment. Please call or email the church office to request a time to meet with Father and avail yourself to this healing divine mystery of the Church.

*Please call the Church office for more information:
(770) 781-5250.*

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TODAY, March 8

**8:45 a.m. Orthros
10 a.m. Divine Liturgy**

Wed., March 11th

6:30 p.m. Presanctified Liturgy Service

Fri., March 13th

7:00 p.m. Salutation to the Theotokos

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Parish Council of 2015

John Patrick, President;

Harald Hagen, Vice President;

David Chapman, Secretary;

Chris Foxhall, Treasurer;

Anthony Birozes, Kosta Bozzuto,

Marie Chapman, Helen McCart, Johnny Melts, Greg Pappas,

Plutarch Vamvakias, Len Vanerstrom

For Today:

Ushers: Members of Parish Council

Welcoming Ministry: Connie Condos

Fellowship Ministry: Diane Walters

Acolytes:

Jacob Atkinson, David Druffner, Mike & Peter Jordanopolos, Spiro Kefalas, Thomas Miller, Jacob Sparks, Mike Trainor, Alex & Niko Tzevelekos, Christos Zourzoukis — Senior Acolytes: Johnny Melts, Mike Manos, Dean Pryles

**PLEASE SEE THE EVENTS CALENDAR FOR ALL
UPCOMING MEETINGS and EVENTS**



Resurrectional Apolytikion in the Plagal of the Second Tone:

When the angelic powers appeared at Your grave, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary who was seeking Your immaculate body. You devastated Hades, not afflicted by it. You went to meet the virgin, and granted eternal life. You resurrected from the dead. O Lord, glory to You.

Apolytikion for St. Gregory Palamas in the Plagal of the Fourth Tone:

Beacon of Orthodox belief, the strong support of the Church and her teacher inspired by God, you are the ornament of monks, the unassailable champion of theologians, O Gregory the Wonderworker and the boast of Thessalonica, the messenger of grace. Forever earnestly entreat for the salvation of our souls.

Season Kontakion in the Plagal of the Fourth Tone:

O Champion General, I your City now ascribe to you * triumphant anthems as the tokens of my gratitude, * being rescued from the terrors, O Theotokos. * Inasmuch as you have power unassailable, * from all kinds of perils free me so that unto you * I may cry aloud: * Rejoice, O unwedded Bride.

Jim & Angie Andropoulos
Sarante & Julie Athenson
Anthony & Mary Birozes
Mabel Antigone Birozes
Renee Birozes
Deborah Bowen
David & Michelle Boyd
Kosta & Carolyn Bozzuto
Athena Catapano
David & Marie Chapman
Giles & Emily Christie
Rick & Jan Christy
Connie Condos
John & Shelia Consos
Keith & Mary Druffner
Quay & Trissie Farr
Chris & Liz Foxhall
William & Hayley Fulbright
Bill & Margaret Gasper
Rob & Carey Gilbert
Robert & Jennifer Guano
Harald & Stamatia Hagen
Steven & Linda Hutka
Jennie Johnson
Vasilios & Mary Kaloudis
Jim Kanellos
Soula Levendakis &
Theodoros Kazazakis
Tasso & Laura Kefalas
Leon & Frances Lopez
David & Lynne Lucher
Archie & Florence Lytle
Tina Maheras
Bill & Margaret Manos
Bill & Audrey Marianes
Riley Todd & Elizabeth Marvos
Al & Helen McCart
Johnny & Becky Melts
Bill & Mary Milam
Matt & Athena Miller
Nikolaos Moissiadis & Family
Patricia Morris
Nick & Teddie Panos
Constantinos & Evelyn Pantazopoulos
Gregory Pappas
Gus Pappas
John & Evon Patrick
Michele Perry
Mihai & Heidi Popa
Fr. Barnabas & Pres. Connie Powell
Pam Powers
Vic & Suzi Pryles
Marina Raymond

Aftan Romanczak
Mary Samaltanos
Dina Sarandis
Takanori & Kathryn Shoji
James Smith
Estelle Sofikitis
Dennis & Laura Sparks
O'Brien Statham
James Stockdill
Koko & Carol Tadros
Steven & Thalia Thompson
Ed & Anne Trainor
Eleanor Vamvakias
Plutarch & Tina Vamvakias
Len Vanerstrom
Rusty & Christine Waldron
Tim & Diane Walters
George & Thalia Zazanis
John Zourzoukis

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